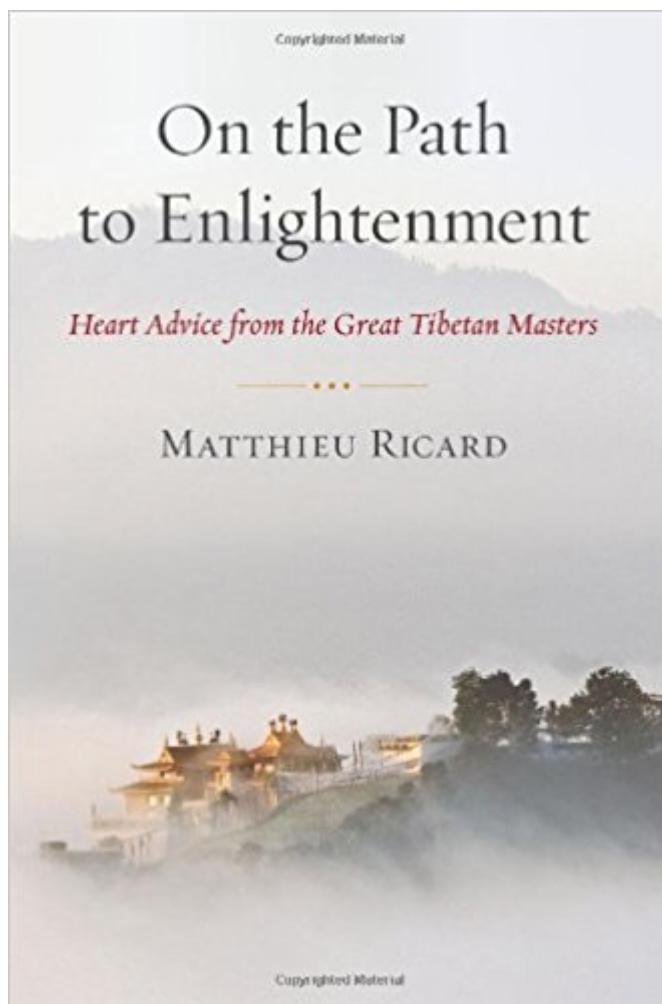


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# On The Path To Enlightenment: Heart Advice From The Great Tibetan Masters



## Synopsis

Dilgo Khyentse Rinpoche inspired Matthieu Ricard to create this anthology by telling him that “when we come to appreciate the depth of the view of the eight great traditions [of Tibetan Buddhism] and also see that they all lead to the same goal without contradicting each other, we think, ‘Only ignorance can lead us to adopt a sectarian view.’” Ricard has selected and translated some of the most profound and inspiring teachings from across these traditions. The selected teachings are taken from the sources of the traditions, including the Buddha himself, Nagarjuna, Guru Rinpoche, Atisha, Shantideva, and Asanga; from great masters of the past, including Thogme Zangpo, the Fifth Dalai Lama, Milarepa, Longchenpa, and Sakya Pandita; and from contemporary masters, including the Fourteenth Dalai Lama and Mingyur Rinpoche. They address such topics as the nature of the mind; the foundations of taking refuge, generating altruistic compassion, acquiring merit, and following a teacher; view, meditation, and action; and how to remove obstacles and make progress on the path.

## Book Information

Paperback: 384 pages

Publisher: Shambhala; 1 edition (June 25, 2013)

Language: English

ISBN-10: 1611800390

ISBN-13: 978-1611800395

Product Dimensions: 6 x 0.9 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 stars 17 customer reviews

Best Sellers Rank: #120,721 in Books (See Top 100 in Books) #55 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Sacred Writings #145 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Tibetan #188 in Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Rituals & Practice

## Customer Reviews

Matthieu Ricard is a former scientist who gave up that life to become a Tibetan Buddhist monk. He is the Dalai Lama's interpreter in French, has translated numerous Buddhist texts, and is the author of *The Quantum and the Lotus*, *Journey to Enlightenment*, and, with Jean-François Revel, *The Monk and the Philosopher*.

Understandable advice from the masters themselves...not somebody's interpretation...this book just moved to the top of my collection.

Have not starting reading yet, but at a quick glance appears to be an enlightening read and beautifully covered.

great book, author very knowledgable, easy reading, i can see me going back to this book many times

I love this book. Great writing from some of the best thinkers in Tibetan Buddhism.

I would have preferred it arrived sooner than it did especially for the shipping charge but the book was in excellent condition and it was packaged very nice.

Bought for my dad. He loves it!

amazing!

Excel

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